COURSE SYLLABUS

Course: FAMILY THERAPY  
Instructor: Nancy Boyd-Franklin, Ph.D.  
Course #: 18:821:616  
Semester: Spring 2015

COURSE DESCRIPTION:

This is the second semester of a year-long advanced family therapy course. **Both terms are required for credit to be given.** In this second semester, students will study issues such as divorce, remarriage, step-parenting, couples therapy, drug and alcohol abuse in couples and families, and gay and lesbian couples and families. In addition, each student will present a family therapy case that they are treating under supervision. This will provide an opportunity for students to learn from their own family therapy case experiences.

PREREQUISITES:

1: Advanced Standing in the program.  
2: Previous therapy experience and course work required.

REQUIREMENTS:

1. This is a YEAR LONG COURSE, BOTH terms are required for credit to be given.

2. Attendance in all classes is required.

3. Each student must carry a family or couple therapy case under the supervision of an approved family therapy supervisor.

4. Each student must present their case in class and discuss the relevant readings as a part of their presentation.

5. **Each student is required to write a 15-20 page paper on their case using the case outline provided.** Discuss the family therapy case you have treated. Include a thorough description of the case and discuss it within a particular family systems theoretical perspective. (More than one can also be incorporated.) Review and cite family therapy literature relevant to the topic the family presents. **THE FINAL PAPER IS DUE ON MAY 4 IN CLASS.**

GOALS OF THIS CLASS:

1. Students will learn about the following issues: divorce, remarriage, step-parenting, couples therapy, drug and alcohol abuse in couples and families, and gay and lesbian couples and families.
2. Each student will have the opportunity to learn family therapy by carrying a case under supervision from an experienced family therapist.

3. Students will have the opportunity to hear and learn from their classmates’ family therapy cases.

Family Therapy (2nd Semester) spring 2015

1. Jan. 26  Couple Therapy
2. Feb. 2  Couple Therapy
3. Feb 9  Separation, Divorce, Remarriage, and Step-parenting
4. Feb. 16  Collaborative Problem Solving Therapy
   Presenter: Dr. Shawn Ewbank
   Feb. 23  No Class Clinical Interview Day
5. Mar. 2  Drug and Alcohol Abuse in Couples and Families
6. March 9  Lesbian and Gay Couples and Families
   March 16  No Class Spring Break
7. March 23  Five Year Old Child and Mother Foster Care and Adoption Case: PCIT
   Presenter: Phoebe Conklin
   March 23  Foster Care and Reunification: Parental History of Substance Abuse
   Presenter: LaToya Gaines
8. March 30  Bipolar Mother with Daughter in Foster Care: Issue of Reunification
   Presenter: Albert Sultan
March 30

Family Therapy for an Adolescent with a History of Sexual Abuse Trauma and Suicidality
Presenter: Christina Chen

9. April 6

Therapy with a Lesbian Cross-Racial Couple
Presenter: Namhee Stokvis

April 6

Couple Therapy for Relationship Issues
Presenter: Logan Durland

10. April 13

Family therapy for a Single Parent with 3 Children
Presenter: Simone Humphrey

April 13

CBT Family Therapy for Anxiety disorders
Presenter: Mina Yadegar

11. April 20

Couples Therapy
Presenter: Joshua Romero

April 20

Couples Therapy with Multi-racial Couple
Presenter: Eric Garfinkle

12. April 27

Emotionally Focused Couples Therapy
Presenter: Dr. Karen Riggs-Skean

13. May 4

Mindfulness and Acceptance-Based Family Therapy
Presenters: Matt Wofsy and Brian Mundy
14. **May 11**  
Case to Be Announced

Presenter: Shemika Brooks

Discussion of the Course

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**FAMILY THERAPY CASE PRESENTATION IN CLASS**

I. Outline for **Class Presentation**

- Identifying Information and Case Description
- Presenting Problems
- Present Genogram (Brief presentation)
- Brief Summary of Family Dynamics and History
- Case Formulation
- Description and Summary of Current Treatment Issues

II. Show Videotape (or Audiotape) Segments

III. Brief Presentation and Summary of the Readings

- Discuss relevance to this case

IV. Class Discussion
OUTLINE FOR FINAL PAPER

I. Review Relevant Family Therapy Literature and Research Relevant to this Case

II. Family Case Summary
   Identifying Information
   Presenting Problems
   Family History
   Mental Status
   DSM V Diagnoses

III. Case Formulation

IV. Treatment Plan
   Treatment Goals

V. Treatment Summary

VI. Discussion of Outcome

COURSE OUTLINE AND READINGS

1) JANUARY 26 – COUPLE THERAPY


2) **February 2 –COUPLE THERAPY INTERVENTIONS**

**READINGS:**


3) **FEBRUARY 9-SEPARATION, DIVORCE, CO-PARENTING, REMARRIAGE & STEP-PARENTING**


REMARRIAGE AND STEP-PARENTING


4) FEB. 16: COLLABORATIVE PROBLEM SOLVING THERAPY


FEBRUARY 23- NO CLASS-CLINICAL ADMISSIONS INTERVIEW DAY

5) March 2- DRUG AND ALCOHOL ABUSE IN COUPLES & FAMILIES


6) March 9- GAY AND LESBIAN COUPLES AND FAMILIES


**MARCH 16- NO CLASS- SPRING BREAK**

7) March 23: Foster Care, Adoption, Family Reunification, PCIT, ADHD

Foster Care and Adoption


PCIT:


ADHD:


Family Therapy

Spring 2015         /                                  Page 9
Professor Nancy Boyd-Franklin

Orthopsychiatry, 58, 2, 196-210.

Family Reunification


8A) March 30: Bipolar Mother with Daughter in Foster Care: Family Treatment for Reunification

1) See all references above in March 23 list for readings on foster care and reunification.


9) (SEE FOSTER CARE AND RE-UNIFICATION READINGS IN March 23 readings above).

8B) Family Therapy for an Adolescent with a History of Sexual Abuse and Suicidality


9A) Couple Therapy with a Cross-Racial Lesbian Couple


5) (See Couple therapy readings below in 9B.

9B) Couple Therapy for Relationship Issues


10A) April 13. Family Therapy for a Single Parent with 3 Children


10B) April 13. CBT Family Therapy and Parent Training for Child Anxiety Disorders


11) April 20: Couples Therapy for Relationship Issues in a Multiracial Couple


12) April 27: Emotionally-Focused Couple Therapy

Guest Lecture: Dr. Karen Riggs-Skean

Readings:


13) May 4: Mindfulness and Acceptance-Based Family Therapy

`Guest Lecturers: Matt Wofsy and Brian Mundy


14) May 11: To Be Announced

Presenter: Shemika Brooks

DISCUSSION OF THE COURSE